

MEMO

TO: CCLS Clients
FROM: CCLS – Specimen Referral Center
DATE: April 18, 2024
SUBJECT: Growth Hormone

Effective April 23, Mayo will be making changes to the following test:

GROWTH HORMONE, MAYO CODE HGH (LAB0202614)

Explanation:

On the effective date the reference values will be updated to include pediatric ranges.

Current Reference Value	New Reference Value
<p>Adults Males: 0.01-0.97 ng/mL Females: 0.01-3.61 ng/mL Reference intervals have not been formally verified in-house for pediatric and adolescent patients. The published literature indicates that reference intervals for adult, pediatric, and adolescent patients are comparable.</p>	<p>Males: 2-<7 years:* 0.05-5.11 ng/mL 7-<12 years:* 0.02-4.76 ng/mL 12-<14 years:* 0.01-6.20 ng/mL 14-<18 years:* 0.02-3.81 ng/mL > or =18 years: 0.01-0.97 ng/mL</p> <p>Females: 2-<7 years:* 0.05-5.11 ng/mL 7-<12 years:* 0.02-4.76 ng/mL 12-<14 years:* 0.01-6.20 ng/mL 14-<18 years:* 0.03-5.22 ng/mL > or =18 years: 0.01-3.61 ng/mL</p> <p>*Source: Karbasy K, Lin DC, Stoianov A, et al. Pediatric reference value distributions and covariate-stratified reference intervals for 29 endocrine and special chemistry biomarkers on the Beckman Coulter Immunoassay Systems: a CALIPER study of healthy community children. Clin Chem Lab Med. 2016;54(4):643-657. doi:10.1515/cclm-2015-0558</p> <p>Reference intervals for patients younger than 2 years have not been established.</p>

Please feel free to contact the Specimen Referrals Center with any questions at 320-251-2700 Ext. 57320